GOVERNMENT OF INDIA
MINISTRY OF SKILL DEVELOPMENT
& ENTREPRENEURSHIP

Prakriti Evaluator

QP Code: HSS/Q3604

Version: 1.0

NSQF Level: 5

Healthcare Sector Skill Council || 520, DLF Tower A, 5th Floor, Jasola District Centre
New Delhi – 110025

Contents

HSS/Q3604: Prakriti Evaluator

Brief Job Description

The individuals in this job will coordinate with volunteer to assess the Prakriti through checklist/questionnaire which includes questions related to lifestyle, physical traits, physiological functioning such as digestion, excretion, moods, nature, etc. They prepare and evaluate the report based on outcomes

Personal Attributes

The role holder should exhibit co-ordination skills, self-discipline, empathy, dedication, patience, persistence and ethical behavior. It is also important for the individual to be well groomed and have good communication skills in English/Hindi/local language

Applicable National Occupational Standards (NOS)

Compulsory NOS:

1. HSS/N3612: Develop questionnaire to collect the information from volunteer

2. HSS/N3611: Prepare the prakriti report based on outcome evaluation

3. HSS/N9623: Ensure sanitization and infection control guidelines are followed at workplace

4. HSS/N9625: Maintain interpersonal relationships and professional conduct

Qualification Pack (QP) Parameters

Sector	Healthcare
Sub-Sector	AYUSH
Occupation	Ayurveda-Allied
Country	India
NSQF Level	5
Aligned to NCO/ISCO/ISIC Code	NCO-2015/224
Minimum Educational Qualification & Experience	Graduate (BAMS) OR Graduate (Health science/life science)

Minimum Level of Education for Training in School	
Pre-Requisite License or Training	NA
Minimum Job Entry Age	21 Years
Last Reviewed On	31/03/2022
Next Review Date	31/03/2025
Deactivation Date	31/03/2025
NSQC Approval Date	31/03/2022
Version	1.0
Reference code on NQR	2022/HLT/HSSC/05647
NQR Version	1.0

HSS/N3612: Develop questionnaire to collect the information from volunteer

Description

This Occupational Standard describes the knowledge, understanding and skills required by an individual to create customized checklist/questionnaire for obtaining information from volunteer related to prakriti

Scope

The scope covers the following :

- Collect information basis observation, interview etc

Elements and Performance Criteria

Collect information basis observation, interview etc

To be competent, the user/individual on the job must be able to:

PC1. prepare prakriti checklist/questionnaire as per standard protocols

PC2. introduce oneself to the volunteer

PC3. seek the consent from volunteer (verbal/written) as per organizational policies

PC4. interview the volunteer after gaining confidence

PC5. maintain volunteer's privacy and confidentiality

PC6. communicate in a way that reflects cultural, religious, PwD and gender sensitivity and modify the communication pattern as and when necessary

PC7. offer help to PwD if required during the interview

PC8. provide prakriti checklist/questionnaire to the volunteer for filling up the personal information

PC9. observe and examine the visible traits and features of volunteer and make a record in a preset format

PC10. compile the received data

PC11. address the queries and doubts of the volunteer

Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

KU1. procedures for safe practice

KU2. relevant Workplace Health and Safety (WHS) legislation

KU3. pofessional standards and codes of practice for the area of work

KU4. PwD laws/schemes/Acts/Provisions

KU5. basic principles and Philosophy of Ayurveda

KU6. basic concepts of Prakriti (Body Constitution)

KU7. Manasika Prakriti (Mental Constitution)

KU8. diet & lifestyle according to Prakriti

KU9. seasonal concept in Ayurveda

KU10. factors affecting the formation of Prakriti

KU11. physical traits of different Doshas

KU12. mental traits of different Doshas

KU13. interviewing process

KU14. interviewing techniques

Generic Skills (GS)

User/individual on the job needs to know how to:

GS1. prepare checklist

GS2. communicate information (for example, facts, ideas, or messages) in a brief, clear, and organized manner

GS3. build customer relationships and use customer centric approach

GS4. review the information gathered from observation, experience, reasoning, or communication to act efficiently

Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
Collect information basis observation, interview etc	**150**	**209**	**-**	**83**
PC1. prepare prakriti checklist/questionnaire as per standard protocols	-	-	-	-
PC2. introduce oneself to the volunteer	-	-	-	-
PC3. seek the consent from volunteer (verbal/written) as per organizational policies	-	-	-	-
PC4. interview the volunteer after gaining confidence	-	-	-	-
PC5. maintain volunteer's privacy and confidentiality	-	-	-	-
PC6. communicate in a way that reflects cultural, religious, PwD and gender sensitivity and modify the communication pattern as and when necessary	-	-	-	-
PC7. offer help to PwD if required during the interview	-	-	-	-
PC8. provide prakriti checklist/questionnaire to the volunteer for filling up the personal information	-	-	-	-
PC9. observe and examine the visible traits and features of volunteer and make a record in a preset format	-	-	-	-
PC10. compile the received data	-	-	-	-
PC11. address the queries and doubts of the volunteer	-	-	-	-
NOS Total	**150**	**209**	**-**	**83**

National Occupational Standards (NOS) Parameters

NOS Code	HSS/N3612
NOS Name	Develop questionnaire to collect the information from volunteer
Sector	Healthcare
Sub-Sector	AYUSH
Occupation	Ayurveda Therapy
NSQF Level	5
Credits	TBD
Version	1.0
Last Reviewed Date	31/03/2022
Next Review Date	31/03/2025
NSQC Clearance Date	31/03/2022

HSS/N3611: Prepare the prakriti report based on outcome evaluation

Description

This Occupational Standard describes the knowledge, understanding and skills required by an individual to prepare the prakriti report based on evaluation of the outcomes.

Scope

The scope covers the following :

- Interpret and evaluate the information received

Elements and Performance Criteria

Interpret and evaluate the information received

To be competent, the user/individual on the job must be able to:

PC1. interpret the required information from the compiled data

PC2. prepare prakriti report as per the information received

PC3. provide appropriate feedback to the volunteer as per prakriti assessment

PC4. educate volunteer about lifestyle modification as per prakriti analysis

PC5. store and maintain relevant records related to session

PC6. maintain confidentiality of records

PC7. retrieve the records as and when the requirement arises

Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

KU1. procedures for safe practice

KU2. relevant Workplace Health and Safety (WHS) legislation

KU3. professional standards and codes of practice for the area of work

KU4. about data or information related to prakriti as per organizational policy

KU5. about counselling process and technique

KU6. lifestyle modifications as per prakriti traits

KU7. process related to storage and retrieval of information as per organizational policy

Generic Skills (GS)

User/individual on the job needs to know how to:

GS1. prepare status reports

GS2. communicate information (for example, facts, ideas, or messages) in a brief, clear, and organized manner

GS3. build customer relationships and use customer centric approach

GS4. review the information gathered from observation, experience, reasoning, or communication to act efficiently

Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
Interpret and evaluate the information received	**157**	**209**	**1**	**100**
PC1. interpret the required information from the compiled data	-	-	-	-
PC2. prepare prakriti report as per the information received	-	-	-	-
PC3. provide appropriate feedback to the volunteer as per prakriti assessment	-	-	-	-
PC4. educate volunteer about lifestyle modification as per prakriti analysis	-	-	-	-
PC5. store and maintain relevant records related to session	-	-	-	-
PC6. maintain confidentiality of records	-	-	-	-
PC7. retrieve the records as and when the requirement arises	-	-	-	-
NOS Total	**157**	**209**	**1**	**100**

National Occupational Standards (NOS) Parameters

NOS Code	HSS/N3611
NOS Name	Prepare the prakriti report based on outcome evaluation
Sector	Healthcare
Sub-Sector	AYUSH
Occupation	Ayurveda Therapy
NSQF Level	5
Credits	TBD
Version	1.0
Last Reviewed Date	31/03/2022
Next Review Date	31/03/2025
NSQC Clearance Date	31/03/2022

HSS/N9623: Ensure sanitization and infection control guidelines are followed at workplace

Description

This OS unit is about ensuring that sanitization and infection control guidelines are followed as per sectoral working requirements.

Scope

The scope covers the following :

- Social distancing practices
- Personal and workplace hygiene
- Waste disposal methods
- Reporting and documentation
- Mental and emotional wellbeing

Elements and Performance Criteria

Social distancing practices

To be competent, the user/individual on the job must be able to:

PC1. ensure daily tasks are executed using alternative ways, e.g. marking attendance without using biometric devices, virtual meetings, e-payments, etc.

PC2. facilitate social distancing at workplace, e.g. increased space, 2 meters or more, between employee work areas, prevent crowding of common areas, etc.

Personal and workplace hygiene

To be competent, the user/individual on the job must be able to:

PC3. promote awareness about latest hygiene and sanitation regulations

PC4. ensure recommended personal hygiene and sanitation practices are followed, for example, washing/sanitizing hands, covering face with a bent elbow while coughing/sneezing, using PPE, etc.

PC5. conduct routine hygiene and sanitation checks of work area and equipment as per SOP

PC6. ensure the availability of the products required to maintain hygiene and sanitation

PC7. ensure entry and exit SOP are followed

PC8. ensure disinfection procedures related to material and supplies are followed

Waste disposal methods

To be competent, the user/individual on the job must be able to:

PC9. ensure waste segregation and disposal is done as per SOP

Reporting and documentation

To be competent, the user/individual on the job must be able to:

PC10. assess risks and take corrective action as per SOPs

PC11. report incidents to appropriate authority, e.g., reporting of people with any symptoms, etc.

PC12. ensure employees' and visitors' records are maintained as per SOPs

PC13. ensure SOPs are followed in case of health emergency

PC14. update organizational SOPs as per latest hygiene and sanitation regulations

Mental and emotional wellbeing

To be competent, the user/individual on the job must be able to:

PC15. support employees to cope with stress, anxiety, etc.

Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

KU1. solid waste management Rules 2016

KU2. significance of personal hygiene practice including hand hygiene

KU3. social distancing norms

KU4. correct method of donning and doffing of PPE

KU5. significance of appropriate waste disposal methods and organizational and national waste management principles and procedures

KU6. ways to handle waste appropriately to reduce the risk of contamination

KU7. the logistics of waste management

KU8. the current national legislation, guidelines, local policies, and protocols related to work

KU9. ways to manage infectious risks in the workplace

KU10. the path of disease transmission

KU11. different methods of cleaning, disinfection, sterilization, and sanitization

KU12. the types of cleaning agents

KU13. symptoms of infections like fever, cough, redness, swelling and inflammation

KU14. signs of stress and anxiety

KU15. actions to be taken during emergency conditions in the event of medical and facility emergencies

Generic Skills (GS)

User/individual on the job needs to know how to:

GS1. use writing skills to prepare status, progress reports, memos, and e-mails, etc.

GS2. communicate effectively with others

GS3. comprehend latest guidelines of state and national infection control policies, technical documents, instructions, reports, charts, graphs, tables, etc.

GS4. balance responsibilities as a professional with organizational and contractual requirements

GS5. delegate work to the team

GS6. make sound, well-informed, and objective decisions pertaining to the concerned area of work

GS7. prioritize, organize, and accomplish work within prescribed timelines

GS8. address work-related issues and problems

GS9. review the information gathered from observation, experience, reasoning, or communication to act efficiently

GS10. report hazards and incidents clearly with the appropriate level of urgency

GS11. evaluate own practices to identify areas of improvement that will contribute to enhanced employee satisfaction

Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
Social distancing practices	**7**	**3**	**-**	**-**
PC1. ensure daily tasks are executed using alternative ways, e.g. marking attendance without using biometric devices, virtual meetings, e-payments, etc.	-	-	-	-
PC2. facilitate social distancing at workplace, e.g. increased space, 2 meters or more, between employee work areas, prevent crowding of common areas, etc.	-	-	-	-
Personal and workplace hygiene	**7**	**3**	**-**	**-**
PC3. promote awareness about latest hygiene and sanitation regulations	-	-	-	-
PC4. ensure recommended personal hygiene and sanitation practices are followed, for example, washing/sanitizing hands, covering face with a bent elbow while coughing/sneezing, using PPE, etc.	-	-	-	-
PC5. conduct routine hygiene and sanitation checks of work area and equipment as per SOP	-	-	-	-
PC6. ensure the availability of the products required to maintain hygiene and sanitation	-	-	-	-
PC7. ensure entry and exit SOP are followed	-	-	-	-
PC8. ensure disinfection procedures related to material and supplies are followed	-	-	-	-
Waste disposal methods	**5**	**2**	**-**	**-**
PC9. ensure waste segregation and disposal is done as per SOP	-	-	-	-
Reporting and documentation	**5**	**2**	**-**	**-**
PC10. assess risks and take corrective action as per SOPs	-	-	-	-

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
PC11. report incidents to appropriate authority, e.g., reporting of people with any symptoms, etc.	-	-	-	-
PC12. ensure employees' and visitors' records are maintained as per SOPs	-	-	-	-
PC13. ensure SOPs are followed in case of health emergency	-	-	-	-
PC14. update organizational SOPs as per latest hygiene and sanitation regulations	-	-	-	-
Mental and emotional wellbeing	**4**	**2**	-	-
PC15. support employees to cope with stress, anxiety, etc.	-	-	-	-
NOS Total	**28**	**12**	-	-

National Occupational Standards (NOS) Parameters

NOS Code	HSS/N9623
NOS Name	Ensure sanitization and infection control guidelines are followed at workplace
Sector	Healthcare
Sub-Sector	Generic
Occupation	Generic
NSQF Level	5
Credits	TBD
Version	1.0
Last Reviewed Date	31/03/2022
Next Review Date	31/03/2025
NSQC Clearance Date	31/03/2022

HSS/N9625: Maintain interpersonal relationships and professional conduct

Description

This OS unit is about effective communication and exhibiting professional behaviour with co workers, patients/clients and their families.

Scope

The scope covers the following :

- Maintain professional behaviour

Elements and Performance Criteria

Maintain professional behaviour

To be competent, the user/individual on the job must be able to:

PC1. wear appropriate attire

PC2. communicate effectively with all individuals regardless of age, caste etc.

PC3. adopt a gender neutral behaviour while communicating with the patient and others as per organizational policy

PC4. use appropriate IEC material as and when necessary

PC5. respond to queries as per defined scope of competence and authority

PC6. maintain any records required at the end of the interaction

PC7. work collaboratively with other team members

PC8. ensure that the privacy of the individual is not intruded

PC9. work in a way that shows respect to others

Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

KU1. guidelines on communicating with patients and other individuals

KU2. guidelines on maintaining confidentiality and respecting need for privacy

KU3. vision and mission of the organization

KU4. importance of recognizing the boundary of one's role and responsibility

KU5. importance of establishing and managing requirements, planning and organizing work

KU6. how to maintain an environment that is conducive to the provision of medico-legal acts

KU7. procedures in the organization to deal with conflict and poor working relationships

KU8. how to handle stressful or risky situations when communicating with patients and/or other individuals

KU9. importance of asking for assistance when situations are beyond one's competence and authority

KU10. how to ensure that all information provided to individuals is from reliable sources

KU11. the importance of integrating one's work effectively with others

KU12. the detrimental effects of non adherence to organizational protocols

Generic Skills (GS)

User/individual on the job needs to know how to:

GS1. read protocol updates and policy changes

GS2. be updated with the latest knowledge

GS3. build customer relationships and use customer centric approach

GS4. • review the information gathered from observation, experience, reasoning, or communication
  • to act efficiently

Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
Maintain professional behaviour	**15**	**20**	**-**	**17**
PC1. wear appropriate attire	-	-	-	-
PC2. communicate effectively with all individuals regardless of age, caste etc.	-	-	-	-
PC3. adopt a gender neutral behaviour while communicating with the patient and others as per organizational policy	-	-	-	-
PC4. use appropriate IEC material as and when necessary	-	-	-	-
PC5. respond to queries as per defined scope of competence and authority	-	-	-	-
PC6. maintain any records required at the end of the interaction	-	-	-	-
PC7. work collaboratively with other team members	-	-	-	-
PC8. ensure that the privacy of the individual is not intruded	-	-	-	-
PC9. work in a way that shows respect to others	-	-	-	-
NOS Total	**15**	**20**	**-**	**17**

National Occupational Standards (NOS) Parameters

NOS Code	HSS/N9625
NOS Name	Maintain interpersonal relationships and professional conduct
Sector	Healthcare
Sub-Sector	Generic
Occupation	Generic
NSQF Level	4
Credits	TBD
Version	1.0
Last Reviewed Date	31/03/2022
Next Review Date	31/03/2025
NSQC Clearance Date	31/03/2022

Assessment Guidelines and Assessment Weightage

Assessment Guidelines

1. Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Either each element/Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for Theory,viva and Skills Practical for each element/PC.

2. The assessment for the theory part will be based on knowledge bank of questions approved by the SSC.

3. Individual assessment agencies will create unique question papers for theory part for each candidate/batch at each examination/training center(as per assessment criteria below).

4. Individual assessment agencies will create unique evaluations for skill practical & viva for every student at each examination/ training center based on these criteria.

5. In case of successfully passing as per passing percentage of the job role, the trainee is certified for the Qualification Pack.

6. In case of unsuccessful completion, the trainee may seek reassessment on the Qualification Pack.

Minimum Aggregate Passing % at QP Level : 70

(**Please note**: Every Trainee should score a minimum aggregate passing percentage as specified above, to successfully clear the Qualification Pack assessment.)

Assessment Weightage

Compulsory NOS

National Occupational Standards	Theory Marks	Practical Marks	Project Marks	Viva Marks	Total Marks	Weightage
HSS/N3612.Develop questionnaire to collect the information from volunteer	150	209	-	83	442	40
HSS/N3611.Prepare the prakriti report based on outcome evaluation	157	209	1	100	467	40
HSS/N9623.Ensure sanitization and infection control guidelines are followed at workplace	28	12	-	-	40	10
HSS/N9625.Maintain interpersonal relationships and professional conduct	15	20	-	17	52	10
Total	**350**	**450**	**1**	**200**	**1001**	**100**

Acronyms

NOS	National Occupational Standard(s)
NSQF	National Skills Qualifications Framework
QP	Qualifications Pack
TVET	Technical and Vocational Education and Training

Glossary

Sector	Sector is a conglomeration of different business operations having similar business and interests. It may also be defined as a distinct subset of the economy whose components share similar characteristics and interests.
Sub-sector	Sub-sector is derived from a further breakdown based on the characteristics and interests of its components.
Occupation	Occupation is a set of job roles, which perform similar/ related set of functions in an industry.
Job role	Job role defines a unique set of functions that together form a unique employment opportunity in an organisation.
Occupational Standards (OS)	OS specify the standards of performance an individual must achieve when carrying out a function in the workplace, together with the Knowledge and Understanding (KU) they need to meet that standard consistently. Occupational Standards are applicable both in the Indian and global contexts.
Performance Criteria (PC)	Performance Criteria (PC) are statements that together specify the standard of performance required when carrying out a task.
National Occupational Standards (NOS)	NOS are occupational standards which apply uniquely in the Indian context.
Qualifications Pack (QP)	QP comprises the set of OS, together with the educational, training and other criteria required to perform a job role. A QP is assigned a unique qualifications pack code.
Unit Code	Unit code is a unique identifier for an Occupational Standard, which is denoted by an 'N'
Unit Title	Unit title gives a clear overall statement about what the incumbent should be able to do.
Description	Description gives a short summary of the unit content. This would be helpful to anyone searching on a database to verify that this is the appropriate OS they are looking for.
Scope	Scope is a set of statements specifying the range of variables that an individual may have to deal with in carrying out the function which have a critical impact on quality of performance required.

Knowledge and Understanding (KU)	Knowledge and Understanding (KU) are statements which together specify the technical, generic, professional and organisational specific knowledge that an individual needs in order to perform to the required standard.
Organisational Context	Organisational context includes the way the organisation is structured and how it operates, including the extent of operative knowledge managers have of their relevant areas of responsibility.
Technical Knowledge	Technical knowledge is the specific knowledge needed to accomplish specific designated responsibilities.
Core Skills/ Generic Skills (GS)	Core skills or Generic Skills (GS) are a group of skills that are the key to learning and working in today's world. These skills are typically needed in any work environment in today's world. These skills are typically needed in any work environment. In the context of the OS, these include communication related skills that are applicable to most job roles.
Electives	Electives are NOS/set of NOS that are identified by the sector as contributive to specialization in a job role. There may be multiple electives within a QP for each specialized job role. Trainees must select at least one elective for the successful completion of a QP with Electives.
Options	Options are NOS/set of NOS that are identified by the sector as additional skills. There may be multiple options within a QP. It is not mandatory to select any of the options to complete a QP with Options.